



Windmill Children's Centre News

A SureStart Children's Centre serving Adeyfield, Highfield and St.Pauls

Windmill Children's Centre goes from Strength to Strength

Please don't forget our Family Fun Day on Saturday May 30th - 10.00-2.00pm We are holding this in partnership with Worldshapers and Link Dacorum. It is a **FREE** fun day as part of National Family Week and is being held in the grounds of Broadfield School. Parking is VERY limited so please try and leave your cars at home. Please enter the school site via the Broadfield Road entrance.

We are about to start advertising for a **part time outreach worker post**. The post is likely to be for 18 hours a week all year round. You must have an NVQ level 3 in childcare, health and social care or equivalent and have experience working with children under 5 and their families. The advert is likely to be out within the next few

weeks. Please call us for more details or to see the job description.

Child Safety Week

June 22nd- 28th is Child Safety week organized by The Child Accident Prevention Trust. The stay and play session in June will have an accident prevention theme.

www.childsafetyweek.org.uk/child-safety-week/parents-section has lots of tips and advice for parents on a wide range of topics by age group including: burns and scalds, falls, fires safety, road safety, electrical safety, choking and suffocation and poisons.

Accidents are the second biggest killer of children in the UK. It is therefore really important that you do all you

can to reduce the risk of your child being in an accident. If you do not have access to the internet or you are concerned about safety please give us a call or pop in for advice. Lets all try to make one change this Child Safety Week to make a difference to our children's lives.

On **Monday June 15th 9.30-10.30am**, we will be doing a **sponsored buggy push round** Broadfield School fields. This will be to raise money for **Brake** a registered charity that campaigns for road safety. See www.brake.org.uk for more details. If you would like to take part in this event, please call us and we will send out a sponsorship form. You could get sponsored for taking part or per lap!

FREE Advice and Workshops by the Bridge Careers Advice Service

The Bridge Careers Advice Service offers free, friendly careers advice to help people age 18 and over to improve their skills and qualifications and to find the right job. Their advisors can help with finding full or part time courses, researching and applying for jobs, writing CVs, preparing for interviews and so on. Clients can be seen on a one - to - one basis by an experienced and qualified advisor at a venue in Hemel Hempstead. Some clients can be seen up to four times,

depending on their current situation and qualifications.

If you are about to be made redundant they may be able to help you to secure funds of up to £1000 towards retraining costs. During June they are also putting on a series of **FREE two-hour workshops** at a venue in Hemel Hempstead town centre to help people obtain the skills to get back into work. **Successful Job Hunting on June 4th and 23rd (am)**

Gain Interview Skills June 12th (am)

Write a Winning CV - June 25th (am)

The workshops and advice sessions are free to all age 18 plus who are living or working in Dacorum. To secure your place on a workshop or to book an appointment with an advisor, telephone **01442 867828** or email learning.partnerships@dacorum.gov.uk

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Manager - Caroline



Outreach worker-Karen

SureStart



What is Coming up at Windmill Children's Centre?

All Windmill Children's Centre activities must be booked



- **Monday 1st June - 9.00-11.00am Sunflower Centre Drop in session** for people suffering from domestic violence. The sessions are run by Laura an Independent Domestic Violence Officer and offer emotional and practical support for victims of domestic abuse. This includes emotional, physical, verbal and/or financial abuse. This session takes place on the 1st Monday of each month.
- **Tuesdays - 1.30-2.45pm. Parent Support Group** This course continues. A free crèche is available by prior arrangement. The course will cover things such as being a parent, feeding, sleeping, behaviour (including temper tantrums and aggression, crying and sibling rivalry), and separation. You can join at any time or wait till **June 23rd** when the 8 week course starts again.
- **Wednesday June 3rd — 1.30-2.30pm Dinky Dancers**- Come and watch your child's first dance moves! £2.50 per child and £1.50 for additional siblings.
- **ALL Thursdays in June —Under Ones/Parents to be Group** Come along with your babies or bumps to meet other parents at the same stage. In June this FREE group will be held WEEKLY.



- **Thursdays in May — Well Baby Clinic**—11.00-12.30pm. Come with your well babies to have weight checks and see your local health visitors. This is a weekly session.
- **Thursdays till August 27th 11-12.00am Mums of Steel** Post natal exercises designed for all abilities for you to do with your child in it's buggy!! Takes place in the grounds of Broadfield School. The cost is £3 per session. You will need to complete a short health questionnaire before your first session. You must be 6-8 weeks post birth but can join at any point throughout the programme by booking with Windmill Children's Centre.



- **Fridays in June - First Steps Group** - 11.45-1.00pm. For toddlers aged between 1 and 2. A natural follow on to our Bumps and Under 1 sessions. Come along and enjoy seeing your child engage with other children of the same age group. Free weekly.



- **Monday June 8th— Childminder and Toddler Group**- 9-11am. For Childminders in our area and the children they care for.
- **Tuesday June 9th, 16th, 23rd and 30th - 10am-12pm. A Four week Boys Development Programme**. A group especially for mums around parenting boys. It will cover boys development, behaviour management and more! Places must be booked. Free Crèche available.
- **Wednesday June 10th — 1.30-3pm. Stay & Play** at the Windmill Children's Centre. Come to this free session play with our toys and enjoy doing some arts and crafts. Suitable for all ages.
- **Friday June 12th and June 26th — 10.15-11.00am HartBeeps** Music, singing and activity session. This ever popular activity costs £2.50 per child and £1.50 for additional siblings. Due to popular demand this will now be a fortnightly session!
- **Friday June 12th — 1.30-2pm Yoga Bugs** for children from 2 1/2 years old. Come and watch your children enjoy a yoga session. £2.50 per child and £1.50 for additional siblings.
- **Monday June 15th—9.30-10.30am Sponsored Buggy Push**. Come and do laps of Broadfield School Fields in aid of Brake—a registered charity that works to improve road safety. Call us to say you will take part and get a sponsor form! You can get sponsored for taking part or for the number of laps you complete. Please help us to make a difference.

- **Fridays June 19th/26th and July 3rd and 10th- 2.00-3.30pm Baby Massage** Aimed at babies up to the crawling stage, this 4 week course begins this month and costs £5 per session.
- **Monday June 22nd — 10-11.30am Messy Play** Come along to this free fun session and make messy art. Better still, you don't need to worry about the mess!!
- The Educational Psychologist will be at Windmill Children's Centre on **Wednesday June 24th** between 1-3.00pm, covering your child's education or development and aimed at the age group 0-19. These are 4 half hour, one to one sessions Please call the Centre to arrange an appointment. The next session will be July 22nd.
- **Tuesday June 30th—7-9pm. Childminder Safeguarding Training** open to all Dacorum Childminders—book via Windmill Children's Centre. Training will take place in Broadfield Primary School (enter via Windmill Children's Centre).



DATES FOR YOUR DIARIES



- **Wednesday July 1st — 1.30-2.30pm Dinky Dancers**- Come and watch your child's first dance moves! £2.50 per child and £1.50 for additional siblings. You can book now
- If you have any requests about what you would like the Children's Centre to offer please contact us.