



Windmill Children's Centre News

A SureStart Children's Centre serving Adeyfield, Highfield and St.Pauls

1st Birthday Celebrations!!!!

Can you believe our 1st birthday celebrations take place on 6th March 2009? It seems astonishing that a whole year has passed since our Circus Skills day was held for our official opening! I think we can all be proud of what have achieved in the last year including:

- Parenting courses on bringing up confident children, dealing with tantrums and a course specially for Dads
- Maths, English and First Aid courses
- Fun activities to do with your children including Messy Play, Hartbeeps, Caterpillar Music, Yoga Bugs, Dinky Dancers, Mucky Pups and much more. We have linked up with our local ESCO to provide fun days for children aged 0-11 years over the school holidays
- We have held activities based on healthy lifestyles including making healthy

lunches and mums of steel activity classes

- Windmill Children's Centre have started to host antenatal classes, and our well baby clinics and under one groups are really well attended.
- We now provide drop in sessions on domestic violence, careers advice and appointments with educational psychologists.
- There is also a weekly parent support group and much much more.

To discover all the other things that we have on offer at Windmill Children's Centre, take a look at the back of this newsletter, or you can visit www.hertschildrenscentres.org.uk/windmill to keep up to date with what is happening both here at the Centre, and in the local area.

Don't forget to join our 1st Birthday Party between 10.00am and 12.00 on Friday 6th March. We will be having a Cardio-Kidz disco, and party games followed by the cutting of our birthday cake at 12.00. Places are very limited so be sure to book in advance.



A date for your diary is **Saturday 30th May** when we will be holding a fun, community day as part of National Family Week. It will be held from 10.00am-2.00pm on the Broadfield Primary School site and will have a host of fun activities for the whole family to take part in.

We still need **volunteers**. If you are interested in helping out at any of our sessions, please give us a call or pop in to see us.

Windmill Children's Centre
Broadfield Road
Hemel Hempstead
HP2 4DW
07909 555 299
01442 426303
Manager: windmill@hertschildrenscentres.org.uk

www.hertschildrenscentres.org.uk/windmill

Issue 11— Mar 09



Manager - Caroline



Outreach worker-Karen

Extended Schools for those aged 5—19

The Link Dacorum Extended Schools Consortium is a group of schools working together to provide a range of services to improve children's achievements and life chances. They are here to provide further learning opportunities to children, their parents and the wider community in a safe and non

threatening environment.

The five areas they concentrate on are:

Wraparound Care, Varied Menu of Activities, Parenting Support, Opening up schools to the wider community and Swift and Easy Referral.

If you have any questions about what Extended Schools provision is currently on offer in our area, please call your Extended Schools Co-ordinator (ESCO), Lisa Hall on 07920-536913 or e - m a i l lisa.hall@astleycooper.herts.sch.uk or go to www.hertsextendedschools.org.uk/linkdacorum

SureStart



What is Coming up at Windmill Children's Centre?

All Windmill Children's Centre activities must be booked

- **Tuesdays - 1.30-3pm. Weekly Parent support group** continues. Come along and discuss any worries or concerns you may have about being a parent or your child. FREE group with a FREE crèche if booked in advance. **TERM TIME ONLY!** Please call to book your place
- **Thursdays in March — Well Baby Clinic**—11.00-12.30pm. Come with your well babies to have weight checks and see your local health visitors. This is a weekly session
- **Wednesday March 4th — 1.30-2.30pm Dinky Dancers**- Come and watch your child's first dance moves! £2.50 per child and £1.50 for additional siblings.
- **Thursday March 5th & 19th — 10-10.45am. Hullabaloo Babies** Multi sensory play for babies from birth to 18 months. £3.50 paid directly to the facilitator, Sylvia. This session is held fortnightly
- **Thursday March 5th — 3.30-4pm Story Time for World Book Day** Come along to our story time to celebrate World Book Day.
- **Friday March 6th — 10-12.00 WINDMILL CHILDREN'S CENTRE 1st BIRTHDAY PARTY** Join us to celebrate our 1st birthday. There will be a Cardio-Kidz disco and party games. Places are very limited so make sure you book early!!!!
- **Friday March 6th — 1.30-2pm Yoga Bugs session** for children from 2 1/2 years old. Come and watch your children enjoy a yoga session! £2.50 per child and £1.50 for additional siblings.

- **Thursday March 12th & 26th —Under Ones/Parents to be Group** Come along with your babies or bumps to meet other parents at the same stage. Free **Fortnightly**
- **Tuesday March 17th — 10-11.30am. Stay & Play** at the Windmill Children's Centre. Come to this free session and play with our toys.
- **Wednesday March 18th — 10-11.15am Free Face Painting Workshop** Come along with your children and practice face painting. Tips and advice given!
- **Friday March 20th — 10.15-11.00am HartBeeps** Music, singing and activity session. This ever popular costs £2.50 per child and £1.50 for additional siblings.
- **Wednesday March 25th — 10-11.30am Messy Play** Come along to this free fun session and make messy art. Better still, you don't need to worry about the mess!!
- We continue to provide activity sessions at **The Heights Community Centre**. This month they will take place on **Friday 20th — 1.15-2.45pm, and Friday 27th — 1.15-2.45pm.**
- The **Educational Psychologist** will be at Windmill Children's Centre on **Wednesday March 25th** between 1-3.00pm, covering your child's education or development and aimed at the age group 0-19. These are one to one, half hour sessions and need to be booked in advance by calling the Centre.
- **Friday March 27th — 10-12.00 Returning to Work Presentation** If you are a single parent and want help and advice on returning to work, then come along for help, advice and information

- Windmill Children's Centre will again host drop in sessions for people suffering from domestic violence. The sessions are run by an Independent Domestic Violence Officer from **The Sunflower Centre**. The Sunflower Centre offer emotional and practical support for those who are victims of domestic abuse. Domestic abuse includes emotional, physical, verbal and/or financial abuse. The workers can support with housing, solicitors appointments, court and health issues for those who need it. They can assist in gaining court injunctions and also provide added security onto their client's homes. The session at Windmill runs from **9-11am** and will be on **Monday 2nd March**.



DATE FOR YOUR DIARIES

- **Wednesday 1st April — 9.45-1.00pm First Aid for Babies and Children** at Windmill Children's Centre. Call Paradise on 01442-413194 to book your place now



