



Windmill Children's Centre News

A SureStart Children's Centre serving Adeyfield, Highfield and St.Pauls

Christmas is Coming!!!

I would like to take the opportunity to thank all of you that took the time to complete a questionnaire. Your responses are vital for helping us shape our services that we offer in the future. A summary of your responses will be on this newsletter as soon as I have analysed them!

From December 1st everyone using the Centre will have to register with us. This is a 2 sided A4 sheet, containing basic data. You will be able to get it from the Children's Centre or off the website. To save the rush it might be worth completing it before you come to a session. This information will be inputted on a secure database and used to analyse data and contact you about services that might be of interest to you!

Our Christmas party will be held at The Heights in Jupiter Drive on December 12th 9.30 - 11.30am. CARDIO-Kidz will be there with Piggles the Pig leading a disco and party games. Not forgetting of course that no Christmas party would be complete without a visit from SANTA!!!

In January we are running in conjunction with Galley Hill Children's Centre a Dad's parenting course titled, **Bringing up Confident Children**. This will be held on 14th, 21st, 28th January, 4th, 11th February with a follow up session to review progress on 4th March. All sessions will be held at Windmill Children's Centre 7-9pm. You can book your limited place now!!!

The Parent Support Group continues to run on a Tuesday 1-3pm during TERM TIME.

If you have concerns about your child's behaviour or any aspect of parenting, Why don't you come along and meet other parents in the same situation and get some advice from professionals trained in this area. You can come for as many or few sessions as you need. It might just help you get through the stresses of the Christmas period!!

Don't forget that we are still looking for volunteers, so please contact us if you are interested in helping us out!!

We have lots of fun activities on offer and Don't forget that if you have a Dacorum Card you can see us about reducing the fee of some of the sessions that we offer.

All of us at Windmill Children's Centre would like to take the opportunity to wish all of you **A VERY MERRY CHRISTMAS and A HAPPY NEW YEAR!!**

Windmill Children's Centre's doors in the new year!

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Issue 10— Dec 08



Manager - Caroline



Outreach worker-Karen

Could Work Solutions Help you?

If you live in Hemel Hempstead and are a single parent claiming income support, but would like to return to work Work Solutions could help!

Work Solutions is a specialist team at Hertfordshire County Council that have helped hundreds of single parents find jobs!

They fully understand the challenges that single

parents face and can provide a range of services to help you find and keep a job. These include 1 to 1 personal support, help with job searching, interview techniques, application forms,

developing a CV and benefits advice to make sure

that you would be better off in work. The service is completely FREE. For more information call Work Solutions on 01442 454464 or see www.hertsdirect.org/workolutions

SureStart



What is Coming up at Windmill Children's Centre?

- **Mondays—1.30-2.30pm - Stories, music and rhymes**- Run by Heath Lane Children's Centre. No need to book 50p a session. Run at The Quaker, Meeting House, St.Mary's Road. Call 01442 261043 for more details.



Last session 15th December, restarting 12th Jan, but please check first!

- **Tuesdays - 1.30-3pm. Weekly Parent support group** starts. Come along and discuss any worries or concerns you may have about being a parent or your child. FREE crèche if booked in advance. **TERM TIME ONLY!**

- **Thursday December 4th—Under Ones/Parents to be Group** Come along with your babies or bumps to meet other parents at the same stage. Free Fortnightly Group held on 18th December. First session in the New Year on 15th January.

- **Thursdays in December —Well Baby Clinic**—11.00-12.30pm (note earlier finish time), come with your well babies to have weight checks and see your local health visitors. This is a weekly session (No clinic on the 25th December or the 1st January!)

- **Friday December 5th—9.30-11am Childminder and Toddler Group** For Childminders invited to Windmill Children's Centre support group only.

- **Monday December 8th—10-11.30am. Messy Play** - Come and have fun making a gooey mess with your child!

- **Tuesday December 9th and Friday December 12th—1-3pm First Aid Training for babies and children** A FREE course for

parents to learn emergency first aid for the home. You must attend both sessions. A FREE crèche is available if booked in advance. Sessions will be held at The Heights Community Centre in Jupiter Drive. Book via Windmill Children's Centre.

- **Thursday December 11th—10-10.45am. Hullabaloo Babies** Multi sensory play for babies from birth to 18 months. £3.50 paid directly to the facilitator, Sylvia. This session will be held fortnightly in January with the first session on 8th January.

- **Friday December 12th— 9.30-11.30am.** Come and join our **Christmas Party**, with Piggles the Pig and a Cardio-Kidz Disco! There will be party games and of course no Christmas party will be complete without SANTA!!! The party will be held at The Heights Community Centre, Jupiter Drive. Book your place via Windmill Children's Centre!

- **Friday December 12th— 1.30-2pm Yoga Bugs**  session for children from 2 1/2 years old. Come and watch your children enjoy a yoga session! £2.50 per child and £1.50 for additional siblings. Next session Fri 9th Jan 1.30-2pm and can be booked now

- **Wednesday December 17th— 1.30-2.30pm Dinky Dancers**- Come and watch your child's first dance moves! £2.50 per child and £1.50 for additional siblings. Next session will be on the 7th January 1.30-2.30pm and can be booked now!

- **Friday December 19th—9.30-11am Stay and Play Session** at the Heights, Community Centre, Jupiter Drive. Just turn up, no need to book!



- **Friday December 19th— 10.15-11.00am HartBeeps** Music, singing and activity session. This session will be a WINTERY, snowy theme!! £2.50 per child and £1.50 for additional siblings. Next session Friday January 16th—10.15am-11am and can be booked now

- **Dads' course on Bringing up Confident Children—7-9pm, 14th, 21st, 28th January, 4th and 11th of February** and a follow up session to look at any issues on the 4th March. Book your place NOW! Sessions part funded by Galley Hill Children's Centre.

- From **January 5th** Windmill Children's Centre will be hosting **Drop in sessions for people suffering from domestic violence**. The sessions will be run by an Independent Domestic Violence Officer from The **Sunflower Centre**. The Sunflower Centre offer emotional and practical support for those who are victims of domestic abuse. Domestic abuse includes emotional, physical, verbal and/or financial abuse. The workers can support with housing, solicitors appointments, court and health issues for those who need it. We can assist in gaining court injunctions and also can provide added security onto our client's homes. The sessions at Windmill will run from **9-11am** and will be on **The first Monday of every month**.

- There will be no **Educational Psychologist** sessions in December, but they will start again on **January 28th 1-3pm** and continue of the last Wednesday of every month.

