



Windmill Children's Centre News

A SureStart Children's Centre serving Adeyfield, Highfield and St.Pauls

Windmill Children's Centre are really proud to be able to announce that we have a great new addition to our team! Karen Conlon joined us at the start of Sept, as our **new outreach worker**.



Karen will be helping to deliver Windmill Children's Centre services and also to be extending where services are delivered from. Karen, will also be able to provide a lot more 1:1 support. If you would like to get in touch with Karen or need extra support you can call her on 07824 565 545, via Windmill Children's Centre or on: Outreach.windmill@hertschildrenscentres.org.uk

Over the next few weeks, we will start to introduce a **new registration system** for Windmill Children's Centre. This will mean that in order to access activities, groups or support you will need to complete a registration form. This form is in the process of being devised at the moment. We will use this form to create data that will help us to evaluate how the Children's Centre is being used and also

how we can develop Windmill Children's Centre and also Hertfordshire Children's Centres.

You will need to sign to say that you are happy for us to use the information that you provide. There will be a leaflet with the registration form that will explain in more detail the system that will be used.

We are at the stage now of being on the look out for **volunteers/parent helpers** to help us to run some of the sessions that we offer. You will need to have an enhanced CRB check that we will do free of charge for you. We need people to be able to start as soon as possible so if you have some spare time that you could offer please get in contact with us and we can get the ball rolling!

Over the coming weeks we will be getting our **consultation process** underway. We have joined up with a neighbouring Children's Centre and Lisa Hall our local ESCO to try and reduce the amount of consultation that you are asked to complete. I urge you to please, take the time to complete this form as this will shape the services that are offered to you by Windmill Children's

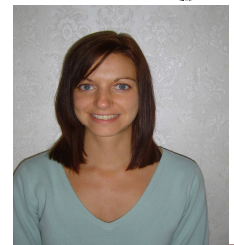
As a result of the consultation that took place in July 07, we have been able to respond to your requests and provided: regular newsletters via service providers (as you felt that this was the best way to get information to you), parenting classes and support are offered as you said this was a need as well as meeting others in the same situation. We have held careers advice session and we part funded an affordable holiday play-scheme. We have run activities for you to get involved with your baby and toddler, based on the themes you requested. Windmill Children's Centre have offered first aid training and IT training along with the literacy and numeracy classes as this was your highest training need. You said you needed help to understand the education system, and your Child's development and so we now have monthly sessions with educational psychologists.

If we have achieved this is a year....just think what we will provide based on this years consultation!! The questionnaires will go out via the places you get this newsletter. It will also be available to download from our website so watch this space!!!!

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Manager - Caroline

SureStart



What is Coming up at Windmill Children's Centre?

- **Tuesdays** - 1.30-3pm. **Weekly Parent support group** starts. Come along and discuss any worries or concerns you may have about being a parent or your child. FREE group with a FREE crèche if booked in advance.
- **Thursday October 2nd—Hullabaloo Babies**. 9.30-10.30am. Multi sensory play for babies from birth to 18 months. £3.50 paid directly to the facilitator, Sylvia. This session is now fortnightly with other sessions on the **16th and 30th October**.
- **Thursdays in October —Well Baby Clinic**—11.00-12.30pm (note earlier finish time), come with your well babies to have weight checks and see your local health visitors. This is a weekly session.
- **Friday October 3rd—1.30-2pm Yoga Bugs session** for children from 2 1/2 years old. Come and watch your children enjoy a yoga session! £2.50 per child and £1.50 for additional siblings.
- **Monday October 6th** - 10.00-11.30am. **Stay and Play Session** Come along with your children for a free session playing with Windmill Children's Centre Toys.
- **Tuesday October 7th Mums of Steel Buggy Fit Class**—tone up and get back your pre mummy tummy!! Held in Broadfield Primary Playing Fields. You must be 6-8 weeks post birth and complete a pre exercise health questionnaire. Suitable for all abilities. 3 pounds a session. You can join in at any week in the 6 week programme. **Weekly session on 14th, 21st, 28th Oct.**
- **Thursday October 9th—9.30-11 am Parents to be/Under Ones Group** Come along with your babies or bumps to meet other parents at the same stage. Free **Fortnightly Group** held on **23rd Oct** as well.
- **Friday October 10th—9.30-10.15am Mucky Pups**—Arts, craft and messy activities for you to enjoy with your children. £2.50 a child, £2 for additional siblings. Next session on **Friday October 24th** same time.
- **Friday October 10th— 1.30-3pm**. Come and Celebrate National Bookstart Day with us by joining in our **Pirate Themed activities**—there will be pirate themed stories, activities and rhymes. Held at The Heights Community Centre, Jupiter Drive. Book via Windmill Children's Centre.
- **Monday October 13th—10.15-11.00am HartBeeps** Music, singing and activity session. Each session is built around a different theme. £2.50 per child and £1.50 for additional siblings
- **Tuesday October 14th—1.30-2.30pm Dinky Dancers**- Come and watch your child's first dance moves! £2.50 per child and £1.50 for additional siblings
- **Friday October 17th—9.30-11am Childminder and Toddler Group** For Childminders invited to Windmill Children's Centre Support group ONLY.
- **Monday October 20th—11.30am—1pm Come and Make a healthy Lunch with your child for under £1**. As part of Family Learning Month come along to have a go at making healthy lunches as well as pick up lots of tips re making healthy but cheap and quick lunches!. At the Height Community Centre, Jupiter Drive. Book via Anita Harris on 01442 261043.
- **Wednesday October 22nd—1-3pm. Educational Psychologist sessions** Book your half hour slot via Windmill Children's Centre, to discuss any aspect of your child's development, any concerns or any questions re curriculum, stages and your child's education. Places are VERY limited so book quickly!. Sessions will be held monthly on the last weds of the month!
- **Wednesday October 22nd—7-9pm Understanding Children's Behaviour Workshop FOR DADS** Come along for a workshop by Parentline Plus designed to help you look at being a dad and issues that may arise as a result!! Would you find it useful to find out the best ways to deal with your child's behaviour, in a setting with other dads in the same situation?
- **Monday October 27th—9.30-10.15am Caterpillar Music** - A music and action session. Come along with your children and have fun singing some songs! £1.50 a child and £1 for additional siblings



All sessions at Windmill Children's Centre unless stated otherwise!