



Windmill Children's Centre News

Summer Holidays are approaching FAST! Read on for some ideas.....

The summer holidays are approaching fast.....if the very idea fills you with dread why don't you book onto our Surviving the Summer Holidays Workshop? It is being held at Jupiter Drive School on Thursday July 17th, 9.30-11.30am. There is even a FREE crèche available. The workshop will help you look at ways to take the stress out of the holidays and make it more fun for you and your children alike!

Windmill Children's Centre is open throughout the summer holidays and has lots of activities available so read on to find out what you might like to book on. A sample of the sessions we have includes: Music classes, baby signing, Baby Play, Messy Play, Dance classes, Yoga groups and MUCH MORE for the children and you to enjoy together. For the

adults we have a Careers Advice session, Mums of Steel (a keep fit class), and Parent support groups.



If you want to come to the Children's Centre at times that sessions are not on, please call first as opening times vary over the holidays.

Please do not forget that if you have a Dacorum Card you can claim a discount on the activities that have a charge so give me a call or pop in to arrange this.

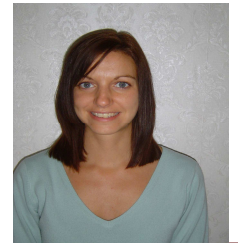
Don't forget that our Local Extended Schools Consortium will also be offering sessions for Children over 5 years. A programme will be coming out via school bags.

If you need to speak to the co-ordinator her name is: Lisa Hall and she can be called on 07920 536 913.

Windmill Children's Centre and LINK Dacorum are part sponsoring a Summer Play-scheme at Little Oaks Pre School for children aged 2.5-7 years. It will run from 4th August to the 15th August, week days from 9.15-3.15am. Due to the sponsorship this can be offered at a cost of £4.50. Places are very limited! You can book a place via the Pre school in Queens Square or pick up a booking form from the Children's Centre. Other playschemes are available in Dacorum, so feel free to call Windmill Children's Centre for details of what is available

Windmill Children's Centre
Broadfield Road
Hemel Hempstead
HP2 4DW
07909 555 299
01442 426303
Manager.windmill@hertschildrenscentres.org.uk
www.hertschildrenscentres.org.uk/windmill

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Manager - Caroline

What's On Offer in July and August?

All sessions must be booked via Windmill Children's Centre

- **Friday July 4th—1.30-2pm Yoga Bugs.** For children aged 2.5 to 5 years. Come and watch your child learn some yoga moves in a story setting. £2.50 a child, £1.50 for additional siblings.
- **Wednesday July 9th—9.30-10.30am. Dinky Dancers.** Come and watch

Your child's first dance moves. £2.50 a child and £1.50 for additional siblings. Feel free to stay till 11.30am for refreshments and to play with the Children's Centres toys.

- **Monday July 14th—10-11.30am. FREE stay and play session.**
- **Wednesday July 16th—10.15-11am, HartBeeps** are running a moo beeps music and activity session

on Farmyard FUN!! Apologies to those who attended the last session there was an error and this session will run for the full 45 minutes! £2.50 a child and £1.50 for additional siblings

- **Thursday July 17th—9.30-11.30am. Surviving the Summer Holidays Workshop** with a FREE crèche. Held at Jupiter Drive school.

SureStart



What is Coming up at Windmill Children's Centre?

- **Parenting Support Group** continues to run on Tuesdays 1.30-3pm. The course is facilitated by 2 child psychotherapists and is for parents that have concerns over their child's behaviour, are unsure if their child's behaviour is OK, or have something that they don't know how to address with their child. Parents get support from the other parents that attend the group too. A free crèche is also available. You can attend as many or as few sessions as you need and can join the group at any time—just call me to book a place. The last session of this will be held on the 17th July and will restart on September 9th.



- **Well Baby Clinic—Every Thurs** 11am-1pm at Windmill Children's Centre. Just turn up to meet the Health Visitors.



- **Thursdays—Parents to be/ Under Ones Group.** Weekly on a Thursday 9.30-11am till the 17th July and then fortnightly. Come and meet other parents/carers in the same position. Let me know if there are any topics you would like visitors to talk about. Sessions in July and August are: **3rd, 10th, 17th, 31st July and 14th, 28th August.**



- **Tuesday July 22nd, 9.30-11.30am, Careers Advice Drop in Session.** Come along for advice from the Bridge Centre on how to: Look for a job, complete application forms, access free training, write CVs, interview skills and so much more. This is for if you are ready to look for a job now and for if you are wondering how to juggle childcare and work in the future!



- **Thursday July 24th 9.30-10.30 am Hullabaloo Babies** for babies from birth to 2 years. Come along for multi sensory play including: touch, smell and vision, books, sign, play, movement, games, gentle exercises, nursery rhymes and social time. After the FREE session Hullabaloo Kids will be held fortnightly at the Children's Centre. These sessions will be £3.50 a session payable straight to the facilitator. These sessions will be held **7th and 21st August** and the 4th September.

- **Thursday July 24th—11am - 12pm. Mums of Steel.** Buggy fit exercise class. Suitable for all abilities from 6-8 weeks post birth. Come along with your baby in their buggy to a class being held on Broadfield Primary School Fields. Bring a towel. A health questionnaire needs to be completed at the Children's Centre prior to starting the course. **6 week** course being held weekly with the last session on **28th August.** £3 a session.

- **Monday July 28th—9.45-10.25am Caterpillar Music.** Come along and enjoy a music session with your child under 5years. £1.50 a child with additional siblings at £1. Next session **August 15th, 1.30-2pm** and **August 26th, 9.45-10.25am.**

- **Monday July 28th—1.30-2.30pm. Chatterbox Babies** Baby signing class for babies aged 6 months to 2 years. Learn simple signs to make your job with a non vocal baby easier and help to develop their spoken word! £3 per child, additional siblings £2. Next session **Monday 18th August 1-2pm.**

- **Wednesday July 30th—1.30-3pm Messy Play.** Come with your under 5s to have fun making a MESS!! Next session **August 11th 10-11.30am**

- **Friday August 1st—1.30-2pm. YogaBugs** For children aged 2.5 to 5 years. Come and watch your child learn some yoga moves in a story setting. £2.50 a child, £1.50 for additional siblings. Next session **September 5th, 1.30-2.30pm.**

- **Monday August 5th—10.15-11am.. HartBeeps.** Come with your child to enjoy a musical bubble beeps session. Will be outside weather permitting so please bring a sun hat and suncream! £2.50 a child, £1.50 for additional siblings.

- **Wednesday August 6th—9.30-10.30am. Dinky Dancers.** Come and watch your child's first dance moves. £2.50 a child and £1.50 for additional siblings.



- **Friday August 8th—9.30-11.30am—Outdoor Play** in Broadfield Nursery playground. Bring sunhats and suncream! Next session **Wednesday August 28th—2-4pm.**

- **Tuesday August 12th—10.15-11am. Hartbeeps** Teddy Bears Picnic and music...so bring your bears! £2.50 a child and £1.50 for additional siblings.

ALL SESSIONS ARE FOR UNDER 5s!