

## Monday

### AM:

- 'Little Sunshines' Childminder Group (NCMA) 9:30am - 11am.
- Parents Coffee Morning to include workshops starting April 2009.

### PM and evening:

- Salaam Parent & Toddler Group. £1 per child 1 - 3pm.

◆ Drop in information session  
9am to 12pm

## Tuesday

### AM:

- Adult Learning  
Relishing Reading and Writing  
9:15am - 11:15am. Run by HAFLS & ESCo..
- Family Language 9:45 am - 11:45 am. Run by HAFLS.

- Toy Library at St Julian's Church. Run by volunteers and supported by Children's Centre staff 10-11:45am.

◆ Drop in information session  
2pm to 4pm

## Wednesday

### AM:

- 'Baby Chat' parents with babies under 12 months. 10 - 11:30am.
- Specialist Stay & Play for Children & Families with additional needs. 10 - 11:45 am. Starting 22<sup>nd</sup> April 2009.

### PM and evening:

- Early pregnancy information sessions 1pm, run by Midwives.
- Baby Clinic 1:30pm - 3:30pm, run by Health Visitors starting 4<sup>th</sup> March 09
- Ante-Natal Classes/ Parent Education 7 - 9 pm run by Midwives.

## Thursday

### AM:

- Stay & Play  
Parents with children (0-4 yrs)  
Suggested donation £1,  
10 - 11:45am.

- Adult learning- Muddle Free Maths 9:15 - 11:15am & 1:15 - 3:15pm. Run by HAFLS & ESCo.

### PM and evening:

- Baby massage 5 week courses, 1:15 - 2:45pm.

◆ Drop in information session  
9am to 12pm

## Friday

### AM:

- Short courses, run by NCT and others.

### PM and evening:

- Sensory equipment, please call to book a 1 hour time slot.

## Saturday

### AM:

- Saturdays... for Stay & Play.  
First Saturday of each month.  
Specifically for working parents, Grandparents and Dads and their children aged 0 - 4 years old.  
£1.50 per family, 10am - 11:45am.

- In 2009 - 7<sup>th</sup> March, 4<sup>th</sup> April, 2<sup>nd</sup> May, 6<sup>th</sup> June, 4<sup>th</sup> July, 1<sup>st</sup> August, 5<sup>th</sup> September, 3<sup>rd</sup> October, 7<sup>th</sup> November and 5<sup>th</sup> December.