



About Boys Course

0-5



A Programme for Mum's with boys ages 0 to 5

This 4 session course will provide you with:

1. An understanding of your son's development and behaviour
2. Ways to provide him with boundaries and discipline
3. More confidence to support him through difficulties

Week One: Differences between boys and girls.

Week Two: Discipline and boundaries, which will include different styles of parenting.

Week Three: How to understand why boys do what they do and what motivates them.

Week Four: Preparing for school; emotions and communication skills.



If you would like to know when the next programme will be running, and to book a place, please contact:

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