



Want more from family life? Kids arguing and driving you mad?

Learn new skills, boost your confidence, manage difficult behaviours so you get on better, and meet other parents with 2-10 year olds

The Parenting Puzzle

Every Wednesday from 19th January 2011

**Evenings 7-9 pm with refreshments
At Sopwell & Verulam Children's Centre
Mandeville Drive, St Albans, AL1 2LE
(runs for 10 weeks including half term,
but not on 2nd March 2011)**

**For more details and to book a place
please contact**

**Kathryn or Pippa
01727 774090**

Or pop into the Children's Centre

