

Rickmansworth Children's Centre

We would like to invite you to attend a new course now available at your local Children's Centre.



About Boys Development Course

What is it? A programme specifically designed for Mum's with boys aged 0 months - 5 years.

This 3 session course will provide you with:

- An understanding of your son's development and behaviour
- Ways to provide him with boundaries and discipline
- More confidence to support him through difficulties.
 - Information on the differences between boys and girls and their development in Week 1.
 - Information on Discipline and boundaries which will include different styles of behaviour management in Week 2.
 - How to understand why boys do what they do and what motivates them, along with communication skills and emotions in Week 3.
 - Each week you will be given useful and practical strategies to use with your son to aide with their behaviour management, communication, motivation and emotions.

When is it? The sessions will be on Monday 16th, 23rd and 30th of January 2012 from 1pm - 3pm.

What will it cost? Nothing. This course is FREE to those in our area who attend.

Can my child/Children come? We have a FREE crèche for under five year olds available on request, run by qualified childcare providers.

How can I book my place? Places are limited so If you would like to come and learn more about your sons development please call us on 01923 772 094 to find out more and book yourself a place.