



Littlebury Children's Centre Newsletter July 2010

SureStart

YMCA Watford

Making a positive difference to the lives of children and young people

Children's Centre opening times are **9.00-5.00pm** Monday-Friday.
Our contact telephone number is **01923 243564**



Newsletters This is the last newsletter of the summer term and the last in this format. As of September we will be producing a booklet style newsletter which will be issued every 8wks. We are also be changing the way in which you receive your newsletter. Due to many errors with the electronic distribution list we will no longer be emailing out the newsletters, however they will be available to view online. We will be posting out hard copies to all registered families.



The end of the academic summer term is nearly upon us and start of our summer activities programme

commences. We still have places available for the Woodside Farm & Beckonscot Model Village trips, please see a member of staff to book your place!

Please note, that there will be no Stay & Play session on Tuesday 20th July. This session will resume on Tuesday 7th September.



Do you have a couple of hours to help? We need volunteers to help us man stalls and run

activities during our Family Fun Day on 30th August. If you are interested in helping for a couple of hours we would like to hear from you. Please ring Helen on 01923 482862 or 07791331153 with your details.

We have a final meeting on Monday 26th July to finalise who is able to attend & what they are doing. If you're interested in attending the meeting please contact Helen on the above numbers or Julie on 01923 243564 or 07920727613.



As of Wednesday 1st September the Durban Road Well Baby Clinic will be held in Littlebury Children's Centre every Wednesday as usual 9.30-11.30am. The Health Visitors, community nurses and Children's Centre staff will be on hand for advice & support to all families as well as weighing your baby. We look forward to seeing you all!



Buggies, Can I please remind all parents/carers to leave your buggies outside under the awning. They will all be chained up & locked during sessions. We have made this decision to allow the extra space in the hall for your own safety & enjoyment of the sessions. Thank you for your cooperation.



Mums of Steel Holistic Balance Course-Gentle exercise classes based on the principles of yoga, pilates & tai chi bring your baby & shape up for summer!

The 8 wk course will run on Friday afternoons 1.00-2.00pm starting on 10th September.

The cost is £25.00 for 8weeks.

To book please call the

Children's Centre on 01923 243564.



The next course of Baby Massage classes will be running from **Thursday 9th**

September-14th October 2.30-4.00pm.The cost is £30.00 for the 6 week course. For

further information please contact Mary Nyariki on 07852997079 or email her at:

Marynyariki19@yahoo.co.uk or alternatively visit the pit-a-pat-a website at:

www.pit-a-pat-a.co.uk

**Big Toddle,
Big Fun!
Believe in
children
Barnardo's**

A Big Thank you to all the children and parents/carers who joined us on our Big Toddle in Cassiobury Park on Monday 5th July. We raised a total of £175.50 for the Barnardos

Charity, so **Thank you** to all that gave generously! We look forward to doing it again next year. Please see below some Pictures of the Toddle.



More news cont'd



Dates for your Diary

26th July Summer activities programme commences

26th July Family Fun day Meeting at Beechfield CC 7pm

30th August Family Fun day 11am-3pm
At Beechfield

Autumn Term commences

1st September baby Clinic starts
9.30-11.30

7th September Stay & Play resumes

9th September Baby Massage course

10th September Mums of Steel



Dads Time is a group open to all male carers of children aged 0-5yrs.

(older siblings are welcome to attend too) from both Littlebury & Beechfield areas

The group meet on the last Saturday of each month during term-time 10.00-12.00 at Beechfield Children's Centre. The cost is just £1 per family.

Please come along and join us for some fun!

Dates for Dads Time during Autumn Term:

25th September

30th October

27th November

18th December

If any Dads have any suggestions/ideas about what you'd like from your group ie any specific craft activities for your children or information for dads please let a member of staff know

Don't forget our Family Fun Day

Bank Holiday Monday

30th August 11am-3pm
at Beechfield Children's Centre

Come along for lots of Family Fun
Climbing Wall, Magician,
Animal Farm, Balloon Artist, Face
Painting, Art & Craft area, Raffle
Refreshments and more!

Free entry



Wishing you all a safe & happy summer!

Remember to stay sun safe.

Apply lots of sunscreen, wear a hat, drink plenty of water and keep babies out of direct sunlight and keep young children covered by wearing suitable clothing. Supervise all children in swimming & paddling pools.

If you have any comments/complaints about our Children's Centre, the staff or any of the services that we provide, we would like to hear from you. We will endeavour to rectify any problems and will notify you. Please contact the Children's Centre 01923 482862 or the manager on 07791331153.

Revised Timetable for July/August

Monday	Under 1's Group	10.00-11.30	Free
Tuesday	First Steps Group	1.30-3.00pm	£1 per family
Wednesday	Early pregnancy Information session	10.00-11.30	Free
Thursday	Lets Sing & Dance with Gymboree and Cook & Eat with Us!	10.30-11.30am	£12.00 for 4 wks
	Pit-a-pat-a Baby massage	1.00-2.30pm	£30.00 for 6 wks
Friday	Stroller Strength Fitness In Cassiobury Park	3.00-4.00pm	£25.00 for 8 wks

School holiday dates

Some parents have requested that we advertise school holiday dates so they are aware of when our term-time only sessions are not running.

Summer break-21st July-1st September

(Please see additional Summer programme)

Autumn half-term-25th October-29th October

Christmas break-20th December-3rd January 2011