

Leavesden Children's Centre supports families with babies and children aged under 5 years of age, who live in Woodside and Stanborough Wards. We work with mums, dads, step parents, grandparents and carers.



Leavesden Children's Centre

High Rd, Leavesden, Watford,
HERTS WD25 7QZ
TEL: 01923 484360
ccadmin@leavesden.herts.sch.uk



COME IN AND SEE US

The centre opened in October 2007. We are based in the grounds of Leavesden Green JMI School but our entrance is on the High Rd (by the traffic lights).

Although we do not have parking on site, there is a free community car park in Haines Way (less than 5 minutes walk from our front door).

We have lots of lovely toys, a baby changing area, outside play area, soft play, toy library and training room.

**DROP IN TIME - week days
between 9.15 to 5pm**

For a detailed map of where we are located go to our website at:
www.hertschildrenscentres.org.uk/leavesden

**Sure Start
Children's Centres**
Hertfordshire



Leavesden Children's Centre

Family Support Workers

**A free &
confidential
service for
local families**



TEL: 01923 484360

What do we do?

Being a parent is not always easy, we have lots of happy times but sometimes life gets tough. There is no right and wrong way to be a parent, each of us have our own backgrounds, cultures and opinions. We are here to help you without judging or criticising; we work together with you to help your child.



We provide sessions in local venues, & we can come to your home

We can help you make life a little bit easier. We can help you with many issues – for example:

- Finding local support groups
- Housing issues/ concerns
- Implementing a bedtime routine for your child
- Managing difficult behaviour
- Finding time for yourself
- Accessing benefits or training
- Accessing the Children's Centre and finding other things to do with your child
- Finding childcare to help your child learn and develop.
- Breastfeeding and weaning support



Who are we?

Leavesden Children's Centre has 4 staff members who provide outreach services. We can work with any family who lives in postcodes: WD25 7, WD25 9, WD25 0. (Who have a child aged 0 to 5 years old)

CARLY ROSE: Family Support Worker

Mobile: 07525 298054
ccoutreach@leavesden.herts.sch.uk

Carly is a trained parenting worker with experience of working with young families, homelessness, and domestic violence. She is our expert in supporting Fathers and male carers. Carly is a trained parenting facilitator.

NICOLE DE SOUZA: Family Support & Healthy Lifestyles Worker

Mobile: 07738 985278
FSW3@leavesden.herts.sch.uk

Nicole is a qualified fitness instructor, specialising in pre & post natal fitness and exercise for children under 5. She is a 'Start4Life' weaning tutor who can provide support on any aspect of healthy lifestyles (e.g. cooking & eating/fitness/ stopping smoking).



EMMA ASHWORTH: Family Support Worker

Mobile: 07738 985276
FSW2@leavesden.herts.sch.uk

Emma is a qualified Nursery Nurse, who runs our Family Learning sessions. Also qualified in Baby Massage and Child Education, Emma teaches parents how to develop their child's skills and learning at home.

SIOBHAN CLIFT: (Full time) Family Support Worker

Mobile: 07525 298052
FSW1@leavesden.herts.sch.uk

Siobhan is a qualified counsellor and parenting tutor who is trained to support families with communication and managing conflict. Siobhan is our additional needs support worker, helping babies and children who have complex needs ('Early Support').

Leavesden Children's Centre runs sessions and drop-ins at:

- Leavesden Green Community Centre
- The Church of Nazarene
- Leavesden Children's Centre

We can also visit you at home if you prefer.

