

Monday

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| 1.30 – 2.30pm Term time only | Together Time, stay and play session. For children under five and their parents. Come and enjoy a play and chat. We have information about local services for children under five in our area. | George Street School. George Street. HP2 5HO FREE |
| 1.30 to 2.30pm | Early Days Baby Cafe. For mums with new baby's up to 20 weeks. Come along and share your new baby experiences over a drink and a chat | Monday afternoon at Apsley Lock Community Room HP3 9WU £1 |

Tuesday

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| 9 am - 10.30am Term time only | Two Waters stay and play session. For children under five and their parents. Come and enjoy messy play or a play and chat and a cup of coffee. Supported by Heath Lane Children's Centre. We have information about local services for children under five in our area. | Two Waters Primary School. HP3 0AU £1 per family |
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Thursday

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| 10-11.30am | Under 1's Group. A time for babies and parents to get together. | Chaulden Community Centre. HP1 2HX. £1.50 per family |
| 10-11.30 am | Walkers and Crawlers (up to 18 months) Come along and play and have a chat with other parents. | Chaulden Community Centre. HP1 2HX £1.50 per family |
| 1.30-3pm | Breast Feeding Cafe. A chance to talk the Dacorum Health Visiting Team, as well as meeting other mums and dads. | South Hill Centre, Cemetery Hill. HP1 1JE. FREE |
| 1.30-2.15 | Hartbeeps Happy House. For toddlers to 4 year olds | St Marys Church Hall High Street, Hemel Hempstead. HP1 3AE |
| 2.30-3.15 | Baby Beeps. For children 6 months to toddling | You will need to buy vouchers from Heath Lane Children's Centre for the sessions, and call 01442 261043 to book your place. |
| 3.30-4.15 | Baby Bells. For babies to 0 to 6 months | Costs £3.00 per child and £1.50 per additional siblings attending the same session. Dacorum card holders £1.50 per child. |

Thursday Continued

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| 30 minute bookable slots from 1-3pm | Let's Talk! To an Educational Psychologist at Heath Lane Children's Centre. Do you have any concerns relating to your child's behaviour or learning? Would you like to have a chance to talk informally and privately to an Educational Psychologist? | To book a 30 minute slot at Heath Lane children's Centre please call 01442 261043 |
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Friday

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| 12.30-1.45pm | Stay, Play and Chat, with a member of the Children's Centre while you have your baby weighed by the Dacorum Health Visiting Team. | Child Health Clinic in Dacorum Sports Centre HP1 1JS FREE |
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Saturday

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| 10 am - 11.15am | Working Parents Together Time, For those parents who work during the week a chance to play and learn with your child. | Please contact Heath Lane Children's Centre for dates and times on 01442 261043 HP1 1TT £1 |
| 10 am - 11.15am | Dads Together Time A chance for dads to get together to play and learn with their children. | Please contact Heath Lane Children's Centre for dates and times on 01442 261043 Heath Lane Children's Centre HP1 1TT £1 |

Other Activities in the Local Community

Baby Rhymes - at Hemel Library – The first Tuesday every month
11.15 – 11.45

Story and Rhyme Time - at Hemel Library – Tuesdays 14.15 -14.45

NCT - Bumps and Babies group - This group meets on the fourth Thursday

of the month at the **South Hill Centre** - 9am till 11 am. The group is open to all pregnant women and mums with babies of all ages.

Local Parent and Toddler Groups

Monday

Playaway, Parent and Toddler Group 9.45 to 11.45am at Apsley Community Centre.

Little Friends of St Francis, 9.45 to 11.15 Glenview Road

Tuesday

St Mary's Church (Apsley) Parent and Toddler Group 10 to 12pm

Squealers Parent and Toddler Group 9.30 to 11.30am and 1 to 3pm at the South Hill Centre, Cemetery Hill. (For children 0 – 3 years old)

St Mary's Church (Old Town) Parent and Toddler Group 9.30 to 11am. High Street, Old Town. HP1 3AF

Tiny Tots – Christian Parent and Toddler Group 9.30 to 11am St John's Church Hall, St John's Road.

Puddleducks Parent and Toddler Group 1 to 2.30pm at the Salvation Army, Waterhouse Street. (Also held on **Thursdays** at **10 to 11.30am**)

Wednesday

Playbox Parent and Toddler Group 9.45 to 11.15am at St Mary's and St Joseph, Church Hall Boxmoor.

Squealers Parent and Toddler Group 9.30 to 11.30am at the South Hill Centre, Cemetery Hill. (For children 0 – 3 years old)

Playaway Parent and Toddler Group 9.45 to 11.45am at Apsley Community Centre.

Little Ark Parent and toddler Group 1.15 to 2.45pm Alexander Road Congregational Church.



Heath Lane
Children's Centre

What's on for Families with Children Under Five

