



WHATS ON FOR THE UNDER 5'S In Chaulden, Warners End and Gadebridge

Contact us - ☎ 01442 426753

www.hertschildrenscentres.org.uk/galleyhill

GROUPS RUN BY GALLEY HILL CHILDREN'S CENTRE

MONDAY

Time	Session	Venue	Details
10.00 – 11.30	Baby Weighing Clinic	Warners End Community Centre	For new parents with babies. A chance to meet the Health Visitors and Outreach Workers
1.30 – 3.00pm	New Beginnings Baby Café	Warners End Community Centre	For new parents with babies under 20 weeks to meet other new parents for coffee and cake in an informal and friendly setting.
3.00 – 4.00pm	Strictly Strollers	Warners End Community Centre	Total buggy fitness session for you – with baby in buggy! Trainers essential for outdoor work, towel for inside work. Just turn up £2.50

WEDNESDAY

Time	Session	Venue	Details
9.00 – 10.00am	Toy Library	Galley Hill Children's Centre	Come and have a look at our toys, equipment, books and story sacks. Hire prices start from 30p. Membership required
5.00 – 6.00pm	Post Natal Exercise Group, Baby comes too!	Galley Hill Children's Centre	Low impact workout for new mums with a qualified instructor. Please call Children's Centre for details or Helen direct on 07833511720
6.30 – 7.30pm	Ante Natal Exercise Group	Galley Hill Children's Centre	Gentle exercise and relaxation for pregnant mums with a qualified instructor. Please call Children's Centre for details or Helen direct on 07833511720.

THURSDAY

Time	Session	Venue	Details
10.00 – 11.30am	Under 1's, Crawlers & Walkers (up to 18 months)	Chaulden Community Centre	Drop in group for new parents, with children up to 18 months. £1.50 per family.
2.00 – 3.00pm	Toy Library	Galley Hill Children's Centre	Come and have a look at our toys, equipment, books and story sacks. Hire prices start from 30p. Membership required

FRIDAY

Time	Session	Venue	Details
9.30am-11am	Messy Play Parent & Toddler Group Starts	Gadebridge Community Centre	Drop in stay and play session, includes Messy Play! £1.50 per family
2.00 – 3.00pm	Baby Rhyme Time	Gadebridge Youth Club	Singing and rhymes with your child, a chance to make new friends, aimed at under 1's. £1.50 per family

OTHER INDEPENDANT GROUPS IN THE AREA

MONDAY

Time	Session	Venue	Details
9.00 – 11.15am	Gadebridge Baptist Parent & Toddler	Please note from January 9 th 2012 a change of venue to Gadebridge Youth Club.	For parents/carers with pre-school children

TUESDAY

Time	Session	Venue	Details
10.00 – 11.30am	Baby Day's	Gadebridge Youth Club	Group for parents with young children 0-2½yrs includes messy play, snack and signing £2.00 per family

WEDNESDAY

Time	Session	Venue	Details
9.30 – 11.00am	Chaulden Parent & Toddler Group	Chaulden Community Centre	For parents/carers with pre-school children 0 – 5 years
10.15 – 11.15am	The Jamboree Project	Gadebridge Community Centre	Musical fun for Toddlers aged 12 months upwards. £2.50 per child. Term time only
9.30 – 11.15am	Tiny Acorns	Warners End Community Centre	Play and learning activities for children under 3 years. £1 per child over one, £1 per adult
Evenings – please contact Emma for details	SPEC – Support for Parents and Children with Epilepsy	Galley Hill Children's Centre	A group aimed to support parents with children with epilepsy. Run by Emma Lawrence whose child has condition. Contact Emma on 07543 550855

THURSDAY

Time	Session	Venue	Details
10.00 – 11.45am	St Georges Parent & Toddler Group	St Georges URC, Long Chaulden	Parents/Carers with pre-school children aged 0 – 5 years

FRIDAY

Time	Session	Venue	Details
9.30- 11.00am	Gadebridge Parent & Toddlers	Gadebridge Community Centre	For parents/carers with pre-school children 0 – 5 years
9.30 – 10.30am	Dinky Dancers	Warners End Community Centre	Music and movement for over 2's

For further information on these groups you will need to contact the venue direct

Gadebridge Baptist Church	☎ 01442 213673
Gadebridge Youth Club	☎ 01442 252372
Warners End Community Centre	☎ 01442 213339
Chaulden Community Centre	☎ 01442 242039
St Georges United Reformed Church	☎ 01442 216597

The Services advertised on this notice are not funded or endorsed by Galley Hill Children's Centre or Hertfordshire County Council unless otherwise stated.