

## Chorleywood & Loudwater: July – September 2010 Timetable

MONDAY AM	TUESDAY AM	WEDNESDAY AM	THURSDAY AM	FRIDAY AM	SATURDAY AM
<p><b>Centre Closed</b> Call 07966 584824 or Family Information Service on 0300 123 4025.</p>	<p><b>Bumps &amp; Babies</b> Bullsland Hall <b>10.30 am to 12.00 pm</b> N.B. Closed 31<sup>st</sup> August</p> <p>Incorporating: <b>Baby Clinic</b> 6<sup>th</sup> &amp; 20<sup>th</sup> July, 3<sup>rd</sup> &amp; 17<sup>th</sup> August, 7<sup>th</sup> &amp; 21<sup>st</sup> Sept <b>9.30 am to 11 am</b></p>	<p><b>Carers Stay &amp; Play</b> Loudwater Farm Starting 22<sup>nd</sup> September <b>9.30 am to 11 am</b> Free group for children aged 1 to 5 years old looked after by Nannies, Childminders &amp; Au Pairs</p> <p><b>Baby Rhymes</b> Chorleywood Library <b>11 am to 11.30 am</b> For children aged under 2 years old.</p> <p><b>Toy Library</b> Mill End Community Centre 14<sup>th</sup> &amp; 28<sup>th</sup> July, 11<sup>th</sup> &amp; 25<sup>th</sup> August, 8<sup>th</sup> &amp; 22<sup>nd</sup> September <b>9.30 am to 11 am</b></p>	<p><b>Centre Closed</b> Call 07966 584824 or Family Information Service on 0300 123 4025.</p>	<p><b>Baby Yoga</b> Bullsland Hall 6-week course starts 17<sup>th</sup> Sept. <b>10 am to 11.30 am</b> For babies aged 4 to 10 months old. Booking is essential as places are limited. Course cost £20.</p> <p><b>Cook &amp; Eat</b> Bullsland Hall 6<sup>th</sup> &amp; 13<sup>th</sup> August <b>10 am to 12 pm</b> Fun cooking workshops for children aged 3 to 4 years old and their parents. Booking is essential.</p>	<p><b>Saturday 2</b> Chorleywood Library 14<sup>th</sup> August &amp; 11<sup>th</sup> Sept <b>10 am to 11 am</b> Free, fun drop-in story and activity sessions.</p> <p><b>Village Day</b> Chorleywood Common 10<sup>th</sup> July <b>12 am to 4 pm</b></p>
PM	PM	PM	PM	PM	GENERAL
<p><b>Explorers</b> Bullsland Hall Starting 20<sup>th</sup> September <b>1.30 pm to 3 pm</b> For children aged 1 to 2+ years old and their parents or grandparents.</p> <p><b>Beat Surgery</b> Mobile Police Station Valley Rd July 20<sup>th</sup> <b>2.30 pm to 5.30 pm</b></p>	<p><b>Storytime</b> Chorleywood Library <b>2.15 pm to 2.45 pm</b> Stories for children aged 2 to 4 years old.</p>	<p><b>Family Stay &amp; Play</b> Chorleywood Primary School Starting 15<sup>th</sup> September <b>1.30 pm to 3 pm</b> Free learn through play sessions for the over 2s and their parents or grandparents.</p>	<p><b>Centre Closed</b> Call 07966 584824 or Family Information Service on 0300 123 4025.</p>	<p><b>Baby Massage</b> Bullsland Hall 6-week course starts 10<sup>th</sup> Sept. <b>12.30 pm to 2 pm</b> For babies aged 6 weeks to 6 months old. Booking is essential. Course cost £20.</p>	<p><b>Community Safety Drop-In</b> Look out for the mobile police station. Monthly timetable at: <a href="http://www.herts.police.uk">www.herts.police.uk</a></p> <p><b>Developing Parenting Skills</b> Various course and workshops are available to support and inform your parenting decisions.</p>

The above programme of services are delivered by the Children's Centre Team, Rickmansworth Toy Library, Hertfordshire Library Services, Hertfordshire Constabulary, Primary Care Trust and commissioned agencies. Please contact the Children's Centre for more information or to book places.

### BUMPS & BABIES

If you're expecting or you've got a new baby in the family come along and meet some other local parents. No need to book, just drop in for a coffee and chat to other new parents.

Visiting speakers will offer information on Weaning, Sleeping, Home Safety, Childcare & Benefits, Crime Prevention, etc.

Every Tuesday morning  
10.30 am to 12 pm  
(closed 31<sup>st</sup> August)

**Bullsland Hall**  
Bullsland Lane, Chorleywood, WD3 5BH

### BABY CLINIC

Open to all pre-school children. Drop in and weigh your child. A Health Visitor is available to answer your queries on sleeping, weaning, health, development and behaviour. Remember to bring your red book!

Why not stay on afterwards for Bumps & Babies?

Every 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of the month  
(6<sup>th</sup> & 20<sup>th</sup> July, 3<sup>rd</sup> & 17<sup>th</sup> Aug, 7<sup>th</sup> & 21<sup>st</sup> Sept)  
9.30 am to 11 am

**Bullsland Hall**  
Bullsland Lane, Chorleywood, WD3 5BH  
Health Visitor's contact no. 01923 775065

### BABY MASSAGE

For babies from 6 weeks to 6 months old.

Learn how to massage your baby. This 6 -week course is informal and relaxing. Included in the sessions will be time to discuss topics such as; birth stories, sleeping, how to deal with crying, teething, feeding-weaning.

Course cost £20. Pre-booking is essential.

Friday afternoons, 10<sup>th</sup> Sept to 15<sup>th</sup> Oct  
12.30 pm to 2pm

**Bullsland Hall**  
Bullsland Lane, Chorleywood, WD3 5BH

### BABY YOGA

For babies aged 4 to 10 months old.

This 6-week course teaches moves that help improve coordination, flexibility and balance. It helps control breathing and determines how babies react to the world around them. It's a great way to have fun with your baby!

Course cost £20. Pre-booking is essential.

Friday mornings, 17<sup>th</sup> Sept to 22<sup>nd</sup> Oct  
10 am to 11.30 am

**Bullsland Hall**  
Bullsland Lane, Chorleywood, WD3 5BH

### CARER'S STAY & PLAY

A stay-and-play networking group for children over 1 and their Nannies, Childminders and Au Pairs.

Workshop training opportunities available at some sessions, and regular visits from the NCMA and Hertfordshire County Council to give advice on child caring and development. Volunteers are required for facilitating the running of this group. Children's activities provided in conjunction with Children's Centre staff. Running costs to be met by voluntary donation.

Wednesday mornings from 22nd Sept, 9.30 to 11 am  
**Loudwater Farm**  
Loudwater Lane, Loudwater, WD3 4HG

### CONTACT THE CHILDREN'S CENTRE FOR FURTHER INFORMATION OR TO MAKE A BOOKING:

Tel: 07966 584824

Email: [CHORLEYWOOD@PRE-SCHOOL.ORG.UK](mailto:CHORLEYWOOD@PRE-SCHOOL.ORG.UK)

### FAMILY STAY & PLAY

Free, learn through play sessions for the over 2s and their parents, grandparents or guardians. No need to book, just drop in!

Wednesday afternoons from 15<sup>th</sup> September, 1.30 pm to 3 pm  
**Chorleywood Primary School**  
Stag Lane, Chorleywood, WD3 5HR

### EXPLORERS

A fun stay and play group for children aged 1 to 2+ years with activities to help children's development as they make sense of our world.

This group is for children with their parents, grandparents or guardians only.

Monday afternoons from 20<sup>th</sup> September,  
1.30 pm to 3 pm

**Bullsland Hall**  
Bullsland Lane, Chorleywood, WD3 5BH

### TOY LIBRARY

A toy lending service for children from 0-8 years old. There is a selection of over 250 toys to choose from with hire charges ranging from 50p to £5.00 per toy. This is a voluntary run service.

Every 2<sup>nd</sup> and 4<sup>th</sup> Wednesday morning  
(14<sup>th</sup> & 28<sup>th</sup> July, 11<sup>th</sup> & 25<sup>th</sup> Aug, 8<sup>th</sup> & 22<sup>nd</sup> Sept)  
9.30 am to 11 am

**Mill End Community Centre**  
Church Lane, Mill End, Rickmansworth,  
WD3 2HD. Contact no. 01923 493344

### BABY RHYMES

Stories and rhymes for under 2s delivered by Library staff. Children's Centre staff will be available for information and advice.

Wednesday mornings  
11 am to 11.30 am

**Chorleywood Library**  
Lower Road, Chorleywood,  
WD3 5LB

### VILLAGE DAY

Joins us for a host of fun 'Pirate and Princess' themed crafts and games.

10<sup>th</sup> July 2010  
11 am to 4 pm

**Chorleywood Common**

### COOK & EAT

Fun cooking workshops for children aged 3 to 4 years old and their parents or guardians.

Booking is essential as places are limited. Voluntary donations towards running costs are welcomed.

6<sup>th</sup> & 13<sup>th</sup> August  
10 am to 12 pm

**Bullsland Hall**  
Bullsland Lane, Chorleywood, WD3 5BH

### STORYTIME

Stories and rhymes for 2 to 4s delivered by Library staff. Children's Centre staff will be available for information and advice.

Tuesday afternoons  
2.15 pm to 2.45 pm

**Chorleywood Library**  
Lower Road, Chorleywood,  
WD3 5LB