

Chorleywood & Loudwater: July – September 2010 Timetable

MONDAY AM	TUESDAY AM	WEDNESDAY AM	THURSDAY AM	FRIDAY AM	SATURDAY AM
<p>Centre Closed Call 07966 584824 or Family Information Service on 0300 123 4025.</p>	<p>Bumps & Babies Bullsland Hall 10.30 am to 12.00 pm N.B. Closed 31st August</p> <p>Incorporating: Baby Clinic 6th & 20th July, 3rd & 17th August, 7th & 21st Sept 9.30 am to 11 am</p>	<p>Carers Stay & Play Loudwater Farm Starting 22nd September 9.30 am to 11 am Free group for children aged 1 to 5 years old looked after by Nannies, Childminders & Au Pairs</p> <p>Baby Rhymes Chorleywood Library 11 am to 11.30 am For children aged under 2 years old.</p> <p>Toy Library Mill End Community Centre 14th & 28th July, 11th & 25th August, 8th & 22nd September 9.30 am to 11 am</p>	<p>Centre Closed Call 07966 584824 or Family Information Service on 0300 123 4025.</p>	<p>Baby Yoga Bullsland Hall 6-week course starts 17th Sept. 10 am to 11.30 am For babies aged 4 to 10 months old. Booking is essential as places are limited. Course cost £20.</p> <p>Cook & Eat Bullsland Hall 6th & 13th August 10 am to 12 pm Fun cooking workshops for children aged 3 to 4 years old and their parents. Booking is essential.</p>	<p>Saturday 2 Chorleywood Library 14th August & 11th Sept 10 am to 11 am Free, fun drop-in story and activity sessions.</p> <p>Village Day Chorleywood Common 10th July 12 am to 4 pm</p>
PM	PM	PM	PM	PM	GENERAL
<p>Explorers Bullsland Hall Starting 20th September 1.30 pm to 3 pm For children aged 1 to 2+ years old and their parents or grandparents.</p> <p>Beat Surgery Mobile Police Station Valley Rd July 20th 2.30 pm to 5.30 pm</p>	<p>Storytime Chorleywood Library 2.15 pm to 2.45 pm Stories for children aged 2 to 4 years old.</p>	<p>Family Stay & Play (Venue to be advised) Starting 15th September 1.30 pm to 3 pm Free learn through play sessions for the over 2s and their parents or grandparents.</p>	<p>Centre Closed Call 07966 584824 or Family Information Service on 0300 123 4025.</p>	<p>Baby Massage Bullsland Hall 6-week course starts 10th Sept. 12.30 pm to 2 pm For babies aged 6 weeks to 6 months old. Booking is essential. Course cost £20.</p>	<p>Community Safety Drop-In Look out for the mobile police station. Monthly timetable at: www.herts.police.uk</p> <p>Developing Parenting Skills Various course and workshops are available to support and inform your parenting decisions.</p>

The above programme of services are delivered by the Children's Centre Team, Rickmansworth Toy Library, Hertfordshire Library Services, Hertfordshire Constabulary, Primary Care Trust and commissioned agencies. Please contact the Children's Centre for more information or to book places.

BUMPS & BABIES

If you're expecting or you've got a new baby in the family come along and meet some other local parents. No need to book, just drop in for a coffee and chat to other new parents.

Visiting speakers will offer information on Weaning, Sleeping, Home Safety, Childcare & Benefits, Crime Prevention, etc.

Every Tuesday morning
10.30 am to 12 pm
(closed 31st August)

Bullisland Hall
Bullisland Lane, Chorleywood, WD3 5BH

BABY CLINIC

Open to all pre-school children. Drop in and weigh your child. A Health Visitor is available to answer your queries on sleeping, weaning, health, development and behaviour. Remember to bring your red book!

Why not stay on afterwards for Bumps & Babies?

Every 1st and 3rd Tuesday of the month
(6th & 20th July, 3rd & 17th Aug, 7th & 21st Sept)
9.30 am to 11 am

Bullisland Hall
Bullisland Lane, Chorleywood, WD3 5BH
Health Visitor's contact no. 01923 775065

BABY MASSAGE

For babies from 6 weeks to 6 months old.

Learn how to massage your baby. This 6-week course is informal and relaxing. Included in the sessions will be time to discuss topics such as; birth stories, sleeping, how to deal with crying, teething, feeding-weaning.

Course cost £20. Pre-booking is essential.

Friday afternoons, 10th Sept to 15th Oct
12.30 pm to 2pm

Bullisland Hall
Bullisland Lane, Chorleywood, WD3 5BH

BABY YOGA

For babies aged 4 to 10 months old.

This 6-week course teaches moves that help improve coordination, flexibility and balance. It helps control breathing and determines how babies react to the world around them. It's a great way to have fun with your baby!

Course cost £20. Pre-booking is essential.

Friday mornings, 17th Sept to 22nd Oct
10 am to 11.30 am

Bullisland Hall
Bullisland Lane, Chorleywood, WD3 5BH

CARER'S STAY & PLAY

A stay-and-play networking group for children over 1 and their Nannies, Childminders and Au Pairs.

Workshop training opportunities available at some sessions, and regular visits from the NCMA and Hertfordshire County Council to give advice on child caring and development. Volunteers are required for facilitating the running of this group. Children's activities provided in conjunction with Children's Centre staff. Running costs to be met by voluntary donation.

Wednesday mornings from 22nd Sept, 9.30 to 11 am
Loudwater Farm
Loudwater Lane, Loudwater, WD3 4HG

CONTACT THE CHILDREN'S CENTRE FOR FURTHER INFORMATION OR TO MAKE A BOOKING:

Tel: 07966 584824

Email: CHORLEYWOOD@PRE-SCHOOL.ORG.UK

FAMILY STAY & PLAY

Free, learn through play sessions for the over 2s and their parents, grandparents or guardians. No need to book, just drop in!

Wednesday afternoons from 15th September
1.30 pm to 3 pm
Venue to be advised

EXPLORERS

A fun stay and play group for children aged 1 to 2+ years with activities to help children's development as they make sense of our world.

This group is for children with their parents, grandparents or guardians only.

Monday afternoons from 20th September,
1.30 pm to 3 pm

Bullisland Hall
Bullisland Lane, Chorleywood, WD3 5BH

TOY LIBRARY

A toy lending service for children from 0-8 years old. There is a selection of over 250 toys to choose from with hire charges ranging from 50p to £5.00 per toy. This is a voluntary run service.

Every 2nd and 4th Wednesday morning
(14th & 28th July, 11th & 25th Aug, 8th & 22nd Sept)
9.30 am to 11 am

Mill End Community Centre
Church Lane, Mill End, Rickmansworth,
WD3 2HD. Contact no. 01923 493344

BABY RHYMES

Stories and rhymes for under 2s delivered by Library staff. Children's Centre staff will be available for information and advice.

Wednesday mornings
11 am to 11.30 am

Chorleywood Library
Lower Road, Chorleywood,
WD3 5LB

VILLAGE DAY

Join us for a host of fun 'Pirate and Princess' themed crafts and games.

10th July 2010
11 am to 4 pm

Chorleywood Common

COOK & EAT

Fun cooking workshops for children aged 3 to 4 years old and their parents or guardians.

Booking is essential as places are limited. Voluntary donations towards running costs are welcomed.

6th & 13th August
10 am to 12 pm

Bullisland Hall
Bullisland Lane, Chorleywood, WD3 5BH

STORYTIME

Stories and rhymes for 2 to 4s delivered by Library staff. Children's Centre staff will be available for information and advice.

Tuesday afternoons
2.15 pm to 2.45 pm

Chorleywood Library
Lower Road, Chorleywood,
WD3 5LB