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 Parking available at Sainsbury's, but please do not park in restricted use spaces.

Monday	Childminders play session 20th July to 24th August	9am to 12pm	Weekly summer play sessions for child-minders and their primary school aged children. Cost £2 per session includes refreshments
	Storytime North Watford Library St Albans Road	2.15pm to 2.45pm every week	
Tuesday	Baby Massage	1.30pm to 3pm	With community nursery nurse. Ring Children's Centre for more information
	Outdoor Play sessions 11th & 18th August	10am to 12pm	Free play session for families with children up to 5 years
	National Play Week session 4th August	10am to 12pm	Families with children up to 5 years. Cost £1. Book your place.
	Summer Fun sessions 21st Jul & 25th Aug	10am to 12pm	Families with children up to 5 years. Book your place. Cost £1.
Wednesday	Under Ones Group Berrygrove Children's Centre	10am to 12pm every week	All mums. Dads, grandparents and carers with under 1's welcome
	First Time Mums Group Berrygrove Children's Centre	12.30pm to 2.30pm every week	All first time mums with babies up to 4 months welcome
	Breastfeeding Support Group Berrygrove Children's Centre	1.30pm to 3.30pm every week	Drop in session. Advice from Infant feeding advisor and trained peer supporters
	Child Health Clinic Meriden Community Centre, Garsmouth Way	1.30pm to 3.00pm	Health visitor run drop in session
	In-betweenies Berrygrove Children's Centre	3.00pm to 4.30pm	Stay and play session run by parents, for those with children aged 1 to 2 years. Activities and snack time
Thursday	Child Health Clinic Berrygrove Children's Centre	10am to 12pm every week	Health visitor run drop in session
	Baby Rhyme Time North Watford Library St Albans Road	2.15pm to 2.45pm 2nd and 4th in month	
	Early Ante Natal Booking Berrygrove Children's Centre	9.15am to 10.15am 4.00pm to 6.00pm	Run by community midwives. Ring 01923 288674 for an appointment
	Outdoor Play sessions 30th Jul, 6,13,20,27 Aug	1pm to 3pm	Free play session for families with children up to 5 years
Friday	Stroller Strength Fitness with Mums of Steel Berrygrove Children's Centre	9.15am to 10.15am Every week	Keep fit for mums
	Let's Talk Berrygrove Children's Centre	9.00am to 11.00am 3rd and 24th July	Opportunity to make an appointment with Shaun Clifford, Educational Psychologist. Confidential & free advice
	National Play Week session 7th August	1pm to 3pm	Families with children aged up to 5 years. Book your place. Cost £1
	Summer Fun session 28th Aug	10am to 12pm	Families with children up to 5 years. Book your place. Cost £1
Monday to Friday	Daycare for 2 to 4 year olds Berrygrove Pre-school and Daycare Centre	8.00am to 6.00pm 50 weeks a year	Contact Gill or Pip on 01923 676763 for more information



RAINBOW TOY LIBRARY

Funding News Our thanks to Cllr Jan Brown who has fundraised for us during her year as Chair of Watford Borough Council. We are extremely grateful to Jan for the

fantastic support she has given us and are delighted that we have received a total of £4091.55. This will enable us to purchase some outdoor storage and toys and equipment to add to our borrowing stock and also for use during stay and play sessions. Dates for next term: 15th September to 8th December. Closed for half term 27th October. To join the Toy Library or request further information, contact Shammi on 07982 806 790.



Playskill is a new charity which has set up a parent and child Playgroup for pre-school children, aged 1-5 years, with Special Physical Needs. The group meets in term-time, in Watford, on a Monday a.m. and is run by a skilled team, including a Physiotherapist, Occupational and Speech and Language Therapist. The sessions include Communication activities, Messy play, Snack time with Specialist input to improve skills in independence, use of the Sensory room and Soft-play area and there is access to the Rainbow Specialist Toy Library. For further information please see www.playskill.co.uk. To book a place on the waiting list for September 09 or to make further enquiries please contact Andrea Clarke on: 07890 267722 or 01442 834438.



Berrygrove Children's Centre took part in the annual Berrygrove "Party in the Playground" with the theme of "All About Dads." It was a huge success with lots of activities for children, including playing in our newly completed outdoor area. Kathy, our teacher, did some fantastic puppet shows for the younger children and everyone thoroughly enjoyed the amazing "Food from around the world," kindly made by our mums and staff. We made a total of £465.87p. Our thanks to everyone who participated, including all our volunteers, without whom we could not have made the day such a success. Photos of the day on page 4.



The Big Paint
on 27th May

Are you interested in.....

- Looking for work?
- Starting your own business?
- Retraining?

Berrygrove Children's Centre is hosting a
FREE 5 hour course on
Friday 25th September
 From 9.15am to 3pm

- Examine your current skills
- Look at the skills you need
- Update your CV
- Brush up your interview skills
- Explore your business idea
- Look at ways to finance

FREE crèche available (book in advance)
 Refreshments will be provided but bring a packed lunch
Places are limited so book soon with Jo on 01923 484312



**Stroller Strength
Fitness**

Enjoy the fresh air while you burn
 calories & tone up!

At
Berrygrove Children's Centre
 Every Friday from 9.15am - 10.15 am

Pay in advance for blocks of 4 weeks (£8.00) or 8 weeks (£16.00)
 non-refundable

Please contact Jo on 01923 484312 for more information or to
 book a place



Local Childminders

Berrygrove Children's Centre will be open for Childminders and their children aged up to 8 years every Monday from 20th July during the Summer Holidays from 9am to 12pm.

Cost £2. This covers tea / coffee / squash and consumable materials for activities

PLEASE NOTE: Childminders are responsible for setting up the session and clearing away at the end, leaving the area ready for the next users.

First Aid for Child Carers

At Berrygrove Children's Centre

This 9 week **FREE** course is for anyone who cares for children or babies—Parents, Grandparents, Childminders, or Early Years staff.

No previous knowledge or experience necessary

No formal assessment

Covers OFSTED requirements

This course will be running on **Mondays**

10am to 12pm

5th October to 7th December 09

(No session during half term week)

Enrolment is at the Children's Centre on

Mon 21st September 09

between 9.15am and 10.15am

Admin fee £10 non refundable

Crèche facility available £5.00 per week, booked in advance and payable in advance each week. For more information or to book a place contact Jo on 01923 484312

We celebrated **National Family Week** with

The Big Paint and **The Big Toddle**.

Nearly 100 children aged 0 - 8 years came with their parents and carers to join in the fun at The Big Paint.

The range and quality of work was fantastic and children tried their hands (and feet!) with many different activities, including graffiti, murals, foot, hand and finger prints, family portraits, spatter and bubble painting. In spite of the weather, everyone had a great time and produced some fantastic and creative work! The photos on Page 2 say it all!

THE BIG TODDLE

on 29th May was a great success and raised £50 for Barnados. The sun shone and everyone was busy with the events—an obstacle course with silly hats, flag making, eating ice-cream with blueberries and much more!

Parents and children were presented with certificates and medals. Our thanks to everyone who took part.



Party In The Playground



Our Outdoor Play Area is open in the Summer Holidays

FREE sessions for families with children aged up to 5 years on these dates:

Tuesdays 11th and 18th August 10am to 12pm

Thursdays 30th July and 6th, 13th, 20th, 27th August 1pm to 3pm

PARENTS AND CARERS WILL BE RESPONSIBLE FOR THEIR CHILDREN AT ALL TIMES

The Children's Centre will not be providing any additional facilities or activities during these sessions but there will be access to the nappy changing / toilet facilities.

No pre-booking for these sessions, but as there is limited space available we may ask you to wait for someone to leave if the area becomes very busy.

This is to maintain safety for all Children's Centre users.

We are celebrating **National Play Week** with

2 Fun with Play sessions on

4th Aug 10am to 12pm

and 7th Aug 1pm to 3pm.

There will be play and activities for parents / carers with children aged up to 5 years. Snacks provided. Cost £1 per family

PLACES ARE LIMITED SO BOOK SOON!

We are also holding Summer Fun sessions on the following dates:

Tues July 21st

Tues 25th August Fri 28th August

These sessions run from 10am to 12 midday.

Places are limited and cost per family is £1.

These sessions are for families with children aged up to 5 years and a range of fun activities will be planned.

Snacks provided

To book your place at any session ring Jo on 01923 484312.