



SureStart



**FIRST TIME MOTHERS
GROUP
at
BERRYGROVE CHILDREN'S CENTRE**

ALL NEW MUMS AND BABIES WELCOME

**Held every week on Wednesdays
From 1pm to 3pm**

This is a drop in session – no need to book

**For all New Mums and their babies from birth to 4
months**

***Topics of interest organised according to need
Breastfeeding support always available***

