

Barleyfields Children's Centre



Woolmer Green Village Hall, Hall Lane, Woolmer Green, SG3 6FD

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At this time of year people are considering their New Year's resolutions and amongst these may be a commitment to give up smoking.

The Smoke Free Hertfordshire website (<http://www.smokefreehertfordshire.nhs.uk>) provides a whole range of information about quitting smoking and is designed to be a source of support. Registering as a member gives access to a wealth of information and the opportunity to join an online stop smoking group which provides specialist support from the comfort of your own home.

Appointments are available with local Stop Smoking Advisors and the nearest venues to Knebworth and Woolmer Green are:

Stop Smoking One to One Clinics:

Bedwell Childrens Centre, Bedwell Crescent, Stevenage
Parkway Health Centre, Birdcroft Road, Welwyn Garden City

Pharmacies:

Lloyds Pharmacy, 40 High Street, Welwyn
Lloyds Pharmacy, 133 London Road, Knebworth
Boots UK, Unit 1C, Roaring Meg Retail Park, Stevenage

Telephone **0800 389 3 998** for more information or to book an appointment.

Best wishes

Sue Smith
Barleyfields Children's Centre



Sure Start
Children's Centres

